

# **National Mentoring Project**



## Why VetREST National Mentoring:

- Veterans face daunting challenges without critical Vet-to-Vet relationships, in-sight, and fellowship
- Effective Veteran mentoring reduces impacts of PTSD, depression, anxiety and life's trials
- VetREST's extensive and experienced national network provides a solid program foundation
- VetREST's demonstrated outcomes predict exceptional success via national program

## How we do it?

- Via a flexible, yet structured, plan with working relationships between Facilitator, Mentor and Protégé
- Fostering a "Win-Win" environment built on understanding, appreciation, relationship, and trust
- Leveraging VetREST's Executive Team and community leadership, commitment and experience
- Not by chance success is intentional, earned, and measurable with VetREST Mentoring

## What we'll do?

- Build Veterans capable of positive impact to family, community and society
- Implement a facilitated, structured multi-year program for comprehensive Veteran development
- Organize focused, regular meetings with VetREST Facilitator, Mentor and Protégé
- Provide individualized Plans with detailed Protégé assessment, prioritized "Action Plan" and goals
- Offer resources for Veteran development, including strengths coaching, memberships, and trainings
- Monitor and manage progress reporting with measurable objectives creating a roadmap to success
- Enable and empower sustainable, life giving outcomes

#### **Directly Impact the Lives of Veterans – Become Project Sponsor:**

#### Campaign Goal = 50 Veterans across 10 States

## Bronze = \$10,000 (5 Vets); Silver = \$20,000 (10 Vets); Gold = \$30,000 (20 Vets)

## Champion / Signature Sponsor (limited available; inquire at <u>contact@VetREST.org</u>)